

# Developing a Military Women's Health Research Database

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## Significance

The database is dedicated to advancing knowledge about the unique health challenges faced by military women.

Our mission is to consolidate and make accessible cutting-edge research and data that highlights the specific health concerns of women in the armed forces, providing a valuable resource for researchers, clinicians, policymakers, and service members alike.

Through this initiative, we aim to foster collaboration, inspire innovation, and ultimately improve the health outcomes and well-being of military women.



https://www.af.mil/News/Photos/igphoto/2002580651/

PHOTO BY: Chief Master Sgt. Jaimee Freeman

## Design

By facilitating open access to this body of research, the Military Women's Health Research Database aims to

- promote evidence-based healthcare practices,
- guide future research efforts, and
- support the development of policies that address the health needs of military women.

Whether you are a researcher looking for the latest studies or a healthcare provider seeking informed care strategies, this database is your gateway to a deeper understanding of women's health in the military context.

## Results

Explore the Department of Defense's collection of research publications, presentations, projects, and resources.

https://mwhr.usuhs.edu/

**208 Publications** 

**67 Presentations** 

143 Research & Evidence Based Projects

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## Categories:

- cancer (7)
- sex differences (38)
- substance misuse/substance use disorder (5)
- musculoskeletal (2)
- reproductive and gynecological health (74)
- mental health (28)
- violence against women and trauma (13)
- cardiovascular (1)
- maternal health (20)
- pain (7)
- menopause (1)
- dementia/neurological (2)
- autoimmune (1)

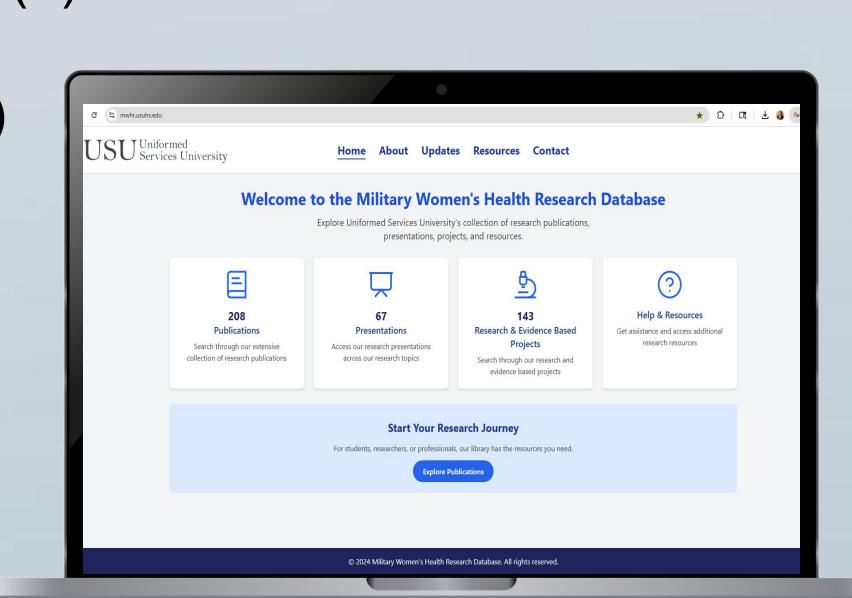


IMAGE BY: juicy\_fish on Freepik

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### Conclusion

With the increasing presence of women in the military, there is a critical need to address health issues that may be distinct due to their service roles, environmental exposures, and the physiological differences between men and women. The Military Women's Health Research Database serves as a centralized platform for accessing a wide range of studies and publications, ensuring that research on topics such as reproductive health, mental health, musculoskeletal injuries, and more is readily available to the medical community and the public.

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